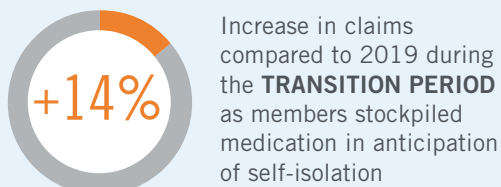


COVID-19 HEALTH CLAIM TRENDS IN CANADA

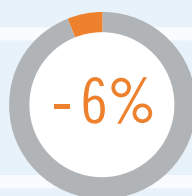
EXPRESS SCRIPTS CANADA

HEALTH CLAIM TRENDS PROVIDE INSIGHT INTO COVID-19'S IMPACT

CLAIM VOLUMES HAVE FLUCTUATED over 2020 as we have moved from the **TRANSITION PERIOD** before provincial lockdown orders in March to a period of **SELF-ISOLATION** when schools and public spaces closed to support social distancing to the **RE-OPENING PHASE** as lockdown orders were relaxed.



Claim volumes decrease during **SELF-ISOLATION** compared to 2019



DRUG CLASSES MOST AFFECTED by the pandemic include treatments for respiratory ailments, infections and mental health:

Claim volume for **ANTIDEPRESSANTS** is set to exceed 2019 total.

IN 2020:

97%

OF TOTAL 2019 CLAIMS WERE REACHED AS OF AUGUST 31, 2020

Claims for **ANTI-INFECTIVES** EXPERIENCED A **STEEP DECLINE**



Claims for **ASTHMA/COPD** saw the **GREATEST INCREASE IN VOLUME AND VALUE** of all therapeutic categories



claims for **ANTIDEPRESSANT MEDICATIONS** from NEW CLAIMANTS saw a **20% INCREASE**



WHAT'S AHEAD?

- **IF PANDEMIC CONTROL MEASURES PROVE EFFECTIVE**, claims for remainder of 2020 should stabilize
- **IMPOSED 30-DAY SUPPLY** restrictions will impact cost per claimant
- **IF A SECOND WAVE EMERGES**, we may see a repeat of the trends associated with preparation and self-isolation



WHAT CAN YOU DO?

- **DEMONSTRATE EMPATHY** for employees
- **ADOPT A HOLISTIC APPROACH** to employee wellbeing
- **GET STAFF HELP** to cope with COVID-19 impacts, including mental health ISSUES