

EXPRESS SCRIPTS CANADA

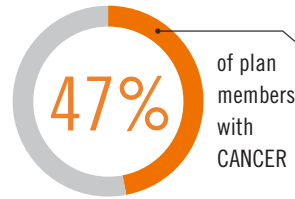
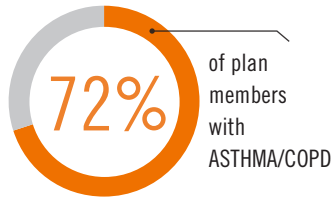
PRESCRIPTION DRUG TREND REPORT HIGHLIGHTS

THE CHALLENGE

NONADHERENCE AND WHY IT MATTERS

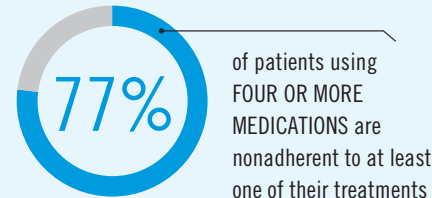
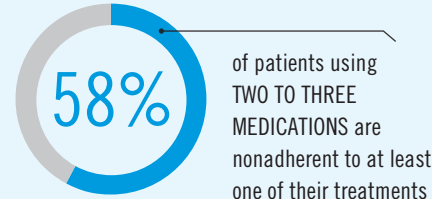
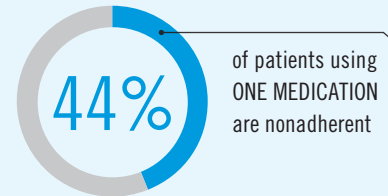
Medications must be taken as directed to work. Express Scripts Canada research shows that patients aren't taking their medication as prescribed. In other words, they don't take them often enough or too often, don't always finish and regularly miss doses. Such nonadherence is associated with more emergency room visits, worsening health conditions, and the prescription of more costly drugs down the line.

NONADHERENCE IS EPIDEMIC AMONG:



FACTORS THAT CONTRIBUTE TO NONADHERENCE

THE MORE HEALTH CHALLENGES A PATIENT LIVES WITH, THE LESS LIKELY THEY ARE TO TAKE MEDICATIONS AS DIRECTED:



PORTRAIT OF A CANADIAN FAMILY:

HEALTH CHALLENGES AND EXPRESS SCRIPTS CANADA SOLUTIONS

1 HELEN / THYROID CONDITION

Regularly forgets to take thyroid medication and often runs out

- Home-delivered three-month medication supply eliminates need to drive to a pharmacy to pick up her monthly prescription
- Auto-refill service ensures timely supply
- Three-month supply reduces dispensing costs

2 ALEX / ASTHMA

Under-uses controller medication and over-uses rescue inhaler due to Helen's concerns about potential side effects

- A Therapeutic Resource Centre pharmacist provides Alex's mom the latest scientific evidence in user-friendly language
- Helen understands that using medications as directed can provide Alex with the potential to completely control his asthma
- Helen makes sure Alex adheres to his treatment plan

SOLUTIONS

MAXIMIZING TREATMENT BENEFITS THROUGH HOLISTIC CARE

CHANNEL MANAGEMENT

- A network of preferred pharmacies drive down costs and optimize patient care
- Home delivered, three-month supplies of regularly used drugs for chronic medical conditions
- Auto-refill capability

PATIENT HEALTH SUPPORT

- Specialized, holistic care helps patients better manage treatment complexity
- Lowers costs and improves adherence and health outcomes
- Therapeutic Resource Centre with pharmacy specialists provide patient-focused consultation, chronic disease and prescription medications management



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